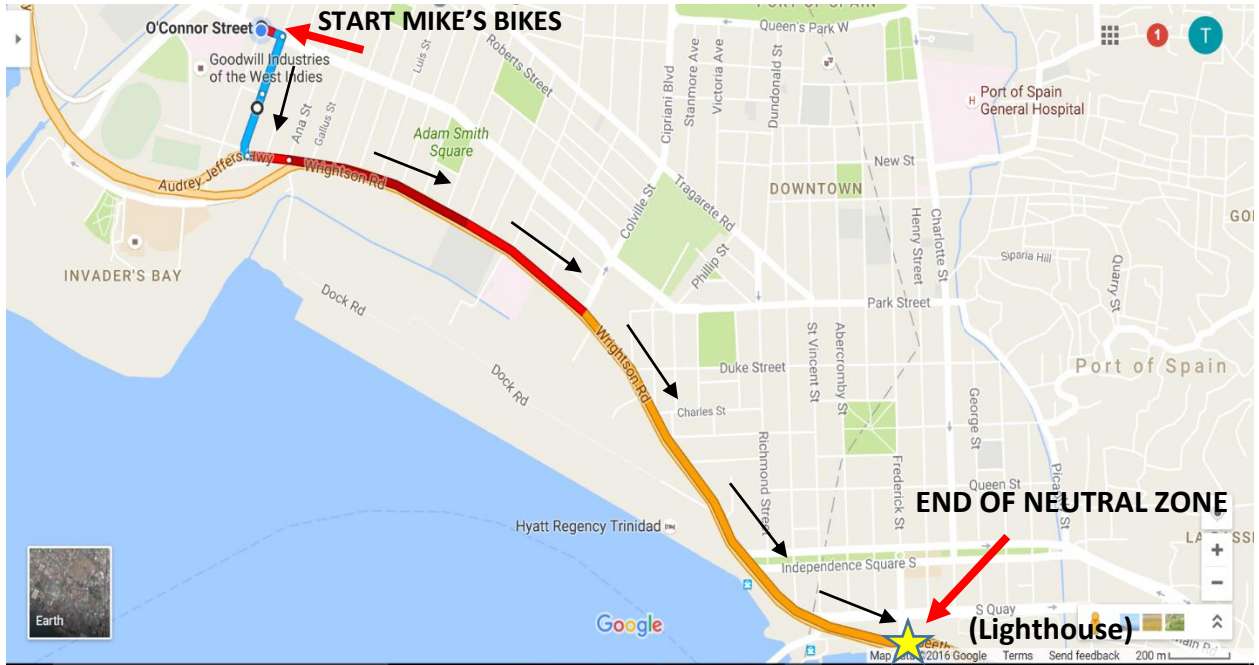


START MAP/ ROUTE



COURSE MAP RACE DISTANCE 75K

(To Couva and back using the exit ramp for Ato Bolden Stadium as the turn around)



FINISH MAP/ ROUTE



FEEDING ZONES

